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SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: Emotional Development

COURSE NUMBER: ED 306-2

PROGRAM: Infant/Toddler Care and Education

SEMESTER: 1983

DATE: _____

AUTHOR: _____

NEW: _____ REVISION: _____

APPROVED: *M. Loh*
Chairperson

DATE: 1993-05-07
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COURSE NAME: Emotional Development

COURSE NUMBER: ED 306-2

INSTRUCTOR: Beverley Sheehan

DATE: July 1983

COURSE GOALS: The purpose of this course is to help students develop a greater understanding of social and emotional growth in infants and toddlers.

COURSE DESCRIPTION: This course will look at the evolution of the infant from dependency to self-effort. It will examine the following topics:

- the psychological - emotional importance of physical needs and their satisfaction;
- infant learning in primary routines of eating, sleeping and elimination;
- infant feedings: pleasures, fears and frustrations;
- adult response to infant needs and emotions;
- learning and development of emotional expression and control;
- the development of trust and self-concept;
- early modes of self-realization.

COURSE OBJECTIVES: Through lectures, class discussions, and written observations, students will develop an understanding of the social and emotional growth of infants and toddlers. As a result, students will acquire competencies in facilitating such growth in infants and toddlers

METHODOLOGY: Objectives will be reached by means of participation in lectures, class discussions and class presentations. In addition, readings from the text and handouts may be assigned.

- TEXTS:
1. Knowing and Enjoying Your Baby,
Sroufe, A., N.J.: Prentice Hall,
Englewood Cliffs, 1977.
 2. Touching: The Human Significance of The Skin,
Montague A., New York: Columbia University
Press, 1971.

SYLLABUS

- Class I:
- A - Course Overview
 - B - 1. Introduction
 - 2. The Nature of Development
 - C - The Mind of the Skin
 - D - The Womb of Time

Assignment 1. Montague pp. 1 - 80
Sroufe pp. 3 - 94

2. Students will each choose a chapter or chapters from one of the texts to summarize and explain to classmates. If possible related or additional material should be combined from other sources. Consultation with the instructor on the topics to be discussed will result in clarifications, additional information or sources of related material.

Students will choose one of the following:

- Class II:
- 1 - Breastfeeding - Montague, pp. 64 - 80
 - Tender Loving Care - Montague, pp. 81 - 160
 (2 students)
 - 2 - Smiling: The Infant Engages its world -
 Sroufe, pp. 27 - 40
 - 3 - Infant Laughter & Relationship bet. Emotional
 & Cognitive Growth, Sroufe, pp. 42 - 61
- Class III:
- 3 - Joy, Fear & the Unfamiliar - Sroufe, pp. 62 - 76
 - 4 - The Infant at Play, Sroufe, pp. 78 - 93
 - 1 - Skin and Sex, Montague, pp. 161 - 182
 - 2 - Culture & Contact, Montague, pp. 220 - 292
 (2 students)

- Class IV:
- 1 - Growth & Development, Montague, pp. 183 - 219
 - 2 - An Overview of Development in the First Year
& Beginning of Emotions, Sroufe, pp. 97 - 139
 - 3 - Emergence of the Autonomous Self, Sroufe, pp.
141 - 153
 - 4 - Roots of Personality, Sroufe, pp. 155 - 192

EVALUATION:

Presentation	40%
Final	60%